

Fashion

Styling: ANTONIA KRASKOVSKI
Pictures: CAROLINE LEEMING



LEFT TO RIGHT
Floral, £28, Accessorize (0844 8110 068)
Pink with dots, £225, Elizabeth Hurley Beach (elizabethhurley.com)
Blue floral, £45, French Connection (020 7036 7200)



LEFT TO RIGHT
Floral, £85, James Lakeland (020 7636 7130)
Blue linen, £625, Jeannie McQueeney (020 7893 8013)
Grey floral with pink borders, £10, George (0500 100 055)

Classic kaftans

Colourful tunics are ideal for the beach or with jeans



LEFT TO RIGHT
Large floral print, £69, Phase Eight (0800 032 8808)
Rainforest print, £18, New Look (0500 454 094)
Spotted, £72, Calvin Klein Swimwear (020 3100 2800)



LEFT TO RIGHT
Purple dip dye, £75, Splendid at Harvey Nichols (020 7235 5000)
Pink striped, £35, Marks & Spencer (0845 302 1234)
Coral with deep neckline, £14, Next (0844 844 8939)



LEFT TO RIGHT
Leopard print, £28, Kaleidoscope (kaleidoscope.co.uk)
White and green paisley, £48, Esprit (esprit.co.uk)
Pebble print with sequins, £229, Papillon Bleu (papillonbleu.com)

Top tips

Essential skin and make-up know how

Follow our clever tips and look good this summer

- If mascara is clumpy, rest the tube in warm water for a few minutes. As it warms it will liquify.
- Find the best shade for your blusher by matching it to the colour created by pinching your cheeks.
- To stop eyeliner smudging apply some powder in the same colour over the top to help it set.
- Use specific day and night creams, as the former prevents moisture loss and protects against sun damage, while the latter has more active ingredients to repair the skin while you sleep.

- Apply a layer of moisturiser before scent to help it last.
- Stop fake tan staining your nails by rubbing Vaseline on and around them.
- Before gardening scrape nails over a bar of soap to stop dirt getting underneath them.
- For fuller lips add a few drops of peppermint oil to your balm.
- Unsure which nail colours suit you? For fair skin choose berry reds and pale pinks. For mid-tone skin try dark and brown reds. For dark



Picture: PHOTO-LIBRARY

- skins opt for plums and berry colours.
- Add shine to brown hair by rinsing it in black tea.
- If your face is puffy on waking massage in moisturiser to relieve excess fluid.
- To stop nail varnish drying out keep it in the fridge.
- The best time to pluck your eyebrows is after a bath or shower when the pores are open.

Extracted by **SIOBHAN HARVEY** from Ask: The 1000 Most Asked Questions About Beauty by Bella Blissett (Octopus, £7.99)

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